

Table 3: Annual Headline Inflation Rates for Some Neighbouring Countries; July, 2026

Country	Dec, 2025	Jan, 2026	Feb, 2026	Mar, 2026	Apr, 2026	May, 2026	Jun, 2026	Jul, 2026	Aug, 2026	Sept, 2026	Oct, 2026	Nov, 2026	Dec, 2026
Tanzania	3.6	3.3	3.2	3.2	4.0	4.2	4.0	4.2					
Kenya	4.5	4.4	4.3	4.4	5.6	6.7	6.4	6.5					
Uganda	3.1	3.2	2.9	2.8	3.0	3.2	3.7	4.0					

Source:

Kenya: <https://www.knbs.or.ke/wp-content/uploads/2026/07/Kenya-Consumer-Price-Indices-and-Inflation-Rates-July-2026.pdf>

Uganda: https://www.ubos.org/wp-content/uploads/publications/07_2026CPI_Press_Release_July_2026.pdf